

# Thibodeau & Patton: Structure & Function of the Body, 14<sup>th</sup> Edition

## Chapter 01: An Introduction to the Structure and Function of the Body

### Test Bank

#### MULTIPLE CHOICE

1. The word derived from two Greek words meaning “a cutting up” is:
  - a. physiology
  - b. homeostasis
  - c. anatomy
  - d. dissection

ANS: C                      DIF: Memorization                      REF: Page: 1  
TOP: Introduction

2. The study of how the body functions is called:
  - a. physiology
  - b. homeostasis
  - c. anatomy
  - d. dissection

ANS: A                      DIF: Memorization                      REF: Page: 1  
TOP: Introduction

3. The correct sequence of the level of organization is:
  - a. cellular, chemical, tissue, organ
  - b. chemical, cellular, tissue, organ
  - c. chemical, cellular, organ, tissue
  - d. chemical, tissue, cellular, organ

ANS: B                      DIF: Memorization                      REF: Page: 3  
TOP: Structural levels of organization

4. The smallest living unit of structure is considered to be at the:
  - a. chemical level
  - b. cellular level
  - c. organ level
  - d. tissue level

ANS: B                      DIF: Memorization                      REF: Page: 3  
TOP: Structural levels of organization

5. The reference position for all body directional terms is the:
  - a. anatomical position

- b. prone position
- c. supine position
- d. sitting position

ANS: A                    DIF: Memorization  
TOP: Anatomical position

REF: Page: 5

6. The relationship between the knee and the ankle can be described as:
- a. the knee is inferior to the ankle
  - b. the knee is distal to the ankle
  - c. the knee is proximal to the ankle
  - d. both a and b above

ANS: C                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

7. The relationship between the heart and the lungs can be described as:
- a. the heart is distal to the lungs
  - b. the heart is medial to the lungs
  - c. the heart is lateral to the lungs
  - d. both a and c above

ANS: B                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

8. The term most opposite proximal is:
- a. medial
  - b. superior
  - c. anterior
  - d. distal

ANS: D                    DIF: Memorization  
TOP: Anatomical directions

REF: Page: 5

9. Because humans walk in an upright position, the two terms that can be used interchangeably are:
- a. posterior and ventral
  - b. posterior and inferior
  - c. posterior and superficial
  - d. posterior and dorsal

ANS: D                    DIF: Memorization  
TOP: Anatomical directions

REF: Page: 5

10. The term most opposite medial is:
- a. dorsal
  - b. lateral
  - c. superficial

d. none of the above

ANS: B DIF: Memorization

REF: Page: 5

TOP: Anatomical directions

11. The relationship between the skin and the muscles can be described as:

- a. the skin is superficial to the muscle
- b. the muscle is superficial to the skin
- c. the muscle is deep to the skin
- d. both a and c above

ANS: D DIF: Memorization

REF: Page: 6

TOP: Anatomical directions

12. A cut dividing the body into anterior and posterior portions is called a:

- a. sagittal section
- b. frontal section
- c. transverse section
- d. none of the above

ANS: B DIF: Memorization

REF: Page: 7

TOP: Planes or body sections

13. A cut dividing the body into upper and lower portions is called a:

- a. sagittal section
- b. frontal section
- c. transverse section
- d. coronal section

ANS: C DIF: Memorization

REF: Page: 7

TOP: Planes or body sections

14. A cut dividing the body into right and left portions is called a:

- a. sagittal section
- b. frontal section
- c. transverse section
- d. coronal section

ANS: A DIF: Memorization

REF: Page: 7

TOP: Planes or body sections

15. The mediastinum is part of the:

- a. dorsal cavity
- b. ventral cavity
- c. abdominal cavity
- d. both b and c above

ANS: B                    DIF: Memorization  
TOP: Body cavities

REF: Page: 7

16. The two major cavities of the body are the:
- dorsal and ventral
  - thoracic and abdominal
  - pleural and mediastinum
  - none of the above

ANS: A                    DIF: Memorization  
TOP: Body cavities

REF: Page: 7

17. The diaphragm divides the:
- dorsal from the ventral cavity
  - abdominal from the pelvic cavity
  - thoracic from the abdominal cavity
  - pleural from the mediastinum

ANS: C                    DIF: Memorization  
TOP: Body cavities

REF: Page: 8

18. The upper abdominopelvic regions include the:
- right and left hypochondriac and umbilical
  - right and left lumbar and umbilical
  - right and left iliac and epigastric
  - right and left hypochondriac and epigastric

ANS: D                    DIF: Memorization  
TOP: Body cavities

REF: Page: 8

19. The middle abdominopelvic regions include the:
- right and left lumbar and umbilical
  - right and left lumbar and epigastric
  - right and left iliac and hypogastric
  - right and left iliac and umbilical

ANS: A                    DIF: Memorization  
TOP: Body cavities

REF: Page: 8

20. The lower abdominopelvic regions include the:
- right and left iliac and umbilical
  - right and left lumbar and epigastric
  - right and left lumbar and hypogastric
  - right and left iliac and hypogastric

ANS: D                    DIF: Memorization  
TOP: Body cavities

REF: Page: 8

21. The brain is in the:
- ventral cavity
  - cranial cavity
  - mediastinum
  - none of the above

ANS: B                    DIF: Memorization  
TOP: Body cavities

REF: Page: 8 | Page:

9

22. The spinal cavity is part of the:
- dorsal cavity
  - ventral cavity
  - cranial cavity
  - none of the above

ANS: A                    DIF: Memorization  
TOP: Body cavities

REF: Page: 9

23. The left upper quadrant of the abdominopelvic cavity includes all of the:
- left lumbar region
  - left iliac region
  - left hypochondriac region
  - left inguinal region

ANS: C                    DIF: Application    REF: Page: 8            TOP: Body cavities

24. Using the maintaining of a constant temperature in a building as an example of a feedback loop, the thermometer would be an example of a(n):
- sensor
  - control center
  - effector
  - positive feedback loop

ANS: A                    DIF: Memorization  
TOP: The balance of body functions

REF: Page: 12

25. Using the maintaining of a constant temperature in a building as an example of a feedback loop, the furnace would be an example of a(n):
- sensor
  - control center
  - effector
  - positive feedback loop

ANS: C                    DIF: Memorization                    REF: Page: 12  
TOP: The balance of body functions

26. Using the maintaining of a constant temperature in a building as an example of a feedback loop, the thermostat would be an example of a(n):
- sensor
  - control center
  - effector
  - positive feedback loop

ANS: B                    DIF: Memorization                    REF: Page: 12  
TOP: The balance of body functions

27. The abdominopelvic region that can be found in each of the four quadrants is the:
- umbilical
  - hypogastric
  - epigastric
  - left iliac

ANS: A                    DIF: Application    REF: Page: 8                    TOP: Body cavities

28. The lower right abdominopelvic quadrant includes all of the:
- right hypochondriac region
  - right lumbar region
  - right iliac region
  - right epigastric region

ANS: C                    DIF: Application    REF: Page: 8                    TOP: Body cavities

29. An example of a positive feedback loop would be:
- maintaining proper body temperature
  - forming a blood clot
  - uterine contractions during childbirth
  - both b and c above

ANS: D                    DIF: Application    REF: Page: 14  
TOP: The balance of body functions

30. An example of a negative feedback loop would be:
- maintaining proper body temperature
  - forming a blood clot
  - uterine contractions during childbirth
  - both b and c above

ANS: A                    DIF: Application    REF: Page: 12

TOP: The balance of body functions

31. A midsagittal section through the head would divide:
- the forehead from the chin
  - the nose from the back of the head
  - the right eye from the left eye
  - none of the above

ANS: C                    DIF: Application   REF: Page: 7                    TOP: Planes or body sections

32. A transverse section through the head would divide:
- the forehead from the chin
  - the nose from the back of the head
  - the right eye from the left eye
  - none of the above

ANS: A                    DIF: Application   REF: Page: 7                    TOP: Planes or body sections

33. A frontal section through the head would divide:
- the forehead from the chin
  - the nose from the back of the head
  - the right eye from the left eye
  - none of the above

ANS: B                    DIF: Application   REF: Page: 7                    TOP: Planes or body sections

34. If this kind of section were made through the center of the head, both the right and left eyes would be on the same section.
- coronal section
  - midsagittal section
  - transverse section
  - both a and c above

ANS: D                    DIF: Application   REF: Page: 7                    TOP: Planes or body sections

35. The relationship between an organ and organ system is similar to the relationship between a cell and:
- an organism
  - the cellular level of organization
  - a tissue
  - none of the above

ANS: C                    DIF: Synthesis    REF: Page: 3  
TOP: Structural levels of organization

36. The heart is an example of this level or organization.
- tissue
  - organ
  - organ system
  - organism

ANS: B                    DIF: Memorization                    REF: Page: 3  
TOP: Structural levels of organization

37. Blood vessels are examples of this level or organization.
- organ system
  - tissue
  - organ
  - cellular

ANS: C                    DIF: Memorization                    REF: Page: 3  
TOP: Structural levels of organization

38. On a directional rosette, a letter L would stand for:
- “left” if it is opposite the letter R
  - “lateral” if it is opposite the letter D
  - “lateral” if it is opposite the letter A
  - “lower” if it is opposite the letter U

ANS: A                    DIF: Memorization                    REF: Page: 7  
TOP: Anatomical directions

39. Which of the following terms do not refer to a part of the head region?
- olecranal
  - zygomatic
  - carpal
  - all of the above terms refer to parts of the head

ANS: A                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions

40. Which of the following is not controlled by a negative feedback loop?
- body temperature
  - blood oxygen concentration
  - fluid levels of the body
  - blood clot formation



ANS: D                    DIF: Memorization  
TOP: The balance of body functions

REF: Page: 12

41. The organ level of organization contains all of these lower levels.
- the cellular and tissue levels only
  - the chemical and tissue levels only
  - the chemical, cellular, and tissue levels only
  - the chemical, cellular, tissue, and system levels

ANS: C                    DIF: Application    REF: Page: 3  
TOP: Structural levels of organization

42. This structure physically separates the pelvic cavity from the abdominal cavity.
- mediastinum
  - diaphragm
  - mesenteries
  - none of the above

ANS: D                    DIF: Memorization  
TOP: Body cavities

REF: Page: 7

43. The lungs are located in the
- thoracic cavity
  - mediastinum
  - dorsal cavity
  - both b and c above

ANS: A                    DIF: Memorization  
TOP: Body cavities

REF: Page: 7

44. A scientific experiment testing a new drug used two groups, one getting the drug and one getting the sugar pill. The group getting the sugar pill is the:
- test group
  - hypothesis group
  - control group
  - observational group

ANS: C                    DIF: Application    REF: Page: 1 | Page: 2  
TOP: Scientific method

45. A scientific experiment testing a new drug used two groups, one getting the drug and one getting a sugar pill. If the two groups had the same result, it would indicate:
- the drug was safe and effective
  - the drug was ineffective because it did no better than the sugar pill
  - the experiment was a failure and no information could be gained
  - both b and c

ANS: B            DIF: Application   REF: Page: 1 | Page: 2  
TOP: Scientific method

46. A scientific experiment testing a new drug used two groups, one getting the drug and one getting a sugar pill. If the group getting the drug did much better than the group with the sugar pill:
- it would indicate that the drug was more effective than the sugar pill
  - a theory would be formed
  - the control group would be shown to have improved because of the drug
  - all of the above

ANS: A            DIF: Application   REF: Page: 2            TOP: Scientific method

47. In the metric system:
- a meter is longer than a yard
  - a centimeter is longer than an inch
  - a nanometer is longer than a micrometer
  - all of the above

ANS: A            DIF: Memorization            REF: Page: 2  
TOP: Metric System

48. If a person lost a little more than 3 pounds on a diet, they would have lost about:
- 500 grams
  - 1000 grams
  - 1500 grams
  - 2000 grams

ANS: C            DIF: Application   REF: Page: 2            TOP: Metric System

49. The word *supine* describes:
- the body lying face downward
  - an anatomical direction
  - the reference position of the body
  - the body lying face upward

ANS: D            DIF: Memorization            REF: Page: 5  
TOP: Anatomical position

### **TRUE/FALSE**

1. The word *dissection* is derived from two Greek words that mean “a cutting up.”

ANS: F            DIF: Memorization            REF: Page: 1  
TOP: Introduction

2. The cell is the smallest living structural unit of the body.

ANS: T                    DIF: Memorization                    REF: Page: 3  
TOP: Structural levels of organization

3. An organ is defined as a group of several types of cells working together to perform a specific function.

ANS: F                    DIF: Memorization                    REF: Page: 3  
TOP: Structural levels of organization

4. The reference position for the directional terms of the body is called the anatomical position.

ANS: T                    DIF: Memorization                    REF: Page: 5  
TOP: Anatomical position

5. The prone position is a position in which the body is lying face down.

ANS: T                    DIF: Memorization                    REF: Page: 5  
TOP: Anatomical position

6. The prone position is a position in which the body is lying face up.

ANS: F                    DIF: Memorization                    REF: Page: 5  
TOP: Anatomical position

7. The supine position is a position in which the body is lying face up.

ANS: T                    DIF: Memorization                    REF: Page: 5  
TOP: Anatomical position

8. Superior means toward the head.

ANS: T                    DIF: Memorization                    REF: Page: 5  
TOP: Anatomical directions

9. Because humans walk upright, superior and superficial mean the same thing.

ANS: F                    DIF: Memorization                    REF: Page: 5  
TOP: Anatomical directions

10. Anterior and proximal are opposite terms.

ANS: F                    DIF: Memorization                    REF: Page: 5

TOP: Anatomical directions

11. Medial and lateral are opposite terms.

ANS: T                    DIF: Memorization  
TOP: Anatomical directions

REF: Page: 5

12. Proximal and distal are opposite terms.

ANS: T                    DIF: Memorization  
6  
TOP: Anatomical directions

REF: Page: 5 | Page:

13. Because humans walk upright, inferior and deep mean the same thing.

ANS: F                    DIF: Memorization  
6  
TOP: Anatomical directions

REF: Page: 5 | Page:

14. Because humans walk upright, ventral and anterior mean the same thing.

ANS: T                    DIF: Memorization  
TOP: Anatomical directions

REF: Page: 5

15. Because humans walk upright, dorsal and posterior mean the same thing.

ANS: T                    DIF: Memorization  
TOP: Anatomical directions

REF: Page: 5

16. The hand is distal to the elbow.

ANS: T                    DIF: Application    REF: Page: 5 | Page: 6  
TOP: Anatomical directions

17. The foot is proximal to the knee.

ANS: F                    DIF: Application    REF: Page: 5 | Page: 6  
TOP: Anatomical directions

18. The nose is superior to the mouth.

ANS: T                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

19. The mouth is inferior to the chin.

ANS: F                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

20. The big toe is lateral to the little toe.

ANS: F                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

21. The ears are lateral to the nose.

ANS: T                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

22. The heart is medial to the lungs.

ANS: T                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

23. The skin is superficial to the ribs.

ANS: T                    DIF: Application    REF: Page: 6            TOP: Anatomical directions

24. The lungs are deep to the ribs.

ANS: T                    DIF: Application    REF: Page: 6            TOP: Anatomical directions

25. The bones of the arm are superficial to the muscles of the arm.

ANS: F                    DIF: Application    REF: Page: 6            TOP: Anatomical directions

26. The nose is on the anterior side of the body.

ANS: T                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

27. The navel is on the dorsal side of the body.

ANS: F                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

28. The vertebrae are on the dorsal side of the body.

ANS: T                    DIF: Application    REF: Page: 5            TOP: Anatomical directions

29. A sagittal section divides the body into upper and lower parts.

ANS: F                    DIF: Memorization                    REF: Page: 7  
TOP: Planes or body sections

30. A sagittal section divides the body into right and left parts.

ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Planes or body sections

31. A frontal section divides the body into front and back parts.

ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Planes or body sections

32. A transverse section divides the body into upper and lower parts.

ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Planes or body sections

33. The two major cavities of the body are the abdominal and thoracic cavities.

ANS: F                    DIF: Memorization                    REF: Page: 7  
TOP: Body cavities

34. The two major cavities of the body are the dorsal and ventral cavities.

ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Body cavities

35. The diaphragm divides the thoracic cavity and the abdominal cavity.

ANS: T                    DIF: Memorization                    REF: Page: 7 | Page:  
8  
TOP: Body cavities

36. The mediastinum is in both the ventral and thoracic cavities.

ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Body cavities

37. The pleural cavity is in both the thoracic and dorsal cavities.

ANS: F                    DIF: Memorization                    REF: Page: 7  
TOP: Body cavities

38. The brain and spinal cord are in the dorsal cavity.

ANS: T                    DIF: Memorization                    REF: Page: 8 | Page:  
9  
TOP: Body cavities

39. The cranial cavity contains the brain and spinal cord.

ANS: F                    DIF: Memorization                    REF: Page: 8 | Page:

9

TOP: Body cavities

40. The upper abdominopelvic area consists of the right and left hypogastric and the epigastric regions.

ANS: F                      DIF: Memorization                      REF: Page: 8  
TOP: Body cavities

41. The lower abdominopelvic area contains the left iliac region.

ANS: T                      DIF: Memorization                      REF: Page: 8  
TOP: Body cavities

42. The middle abdominopelvic area contains the umbilical region.

ANS: T                      DIF: Memorization                      REF: Page: 8  
TOP: Body cavities

43. The epigastric, umbilical, and left lumbar regions are all in the middle abdominopelvic area.

ANS: F                      DIF: Memorization                      REF: Page: 8  
TOP: Body cavities

44. Homeostasis refers to the relatively constant internal environment the body tries to maintain.

ANS: T                      DIF: Memorization                      REF: Page: 12  
TOP: The balance of body functions

45. A negative feedback loop is one way the body tries to maintain homeostasis.

ANS: T                      DIF: Memorization                      REF: Page: 12 |  
Page: 13  
TOP: The balance of body functions

46. The sensor in a feedback loop compares the actual condition to the “normal” condition the body tries to maintain.

ANS: F                      DIF: Memorization                      REF: Page: 12  
TOP: The balance of body functions

47. The effector in a negative feedback loop does something to move the regulated condition back to “normal.”

ANS: T                    DIF: Memorization                    REF: Page: 12  
TOP: The balance of body functions

48. The sensor in a negative feedback loop detects a change in the regulated condition.

ANS: T                    DIF: Memorization                    REF: Page: 12  
TOP: The balance of body functions

49. In the negative feedback loop, the effector is the link between the sensor and the control center.

ANS: F                    DIF: Memorization                    REF: Page: 12  
TOP: The balance of body functions

50. The formation of a blood clot is an example of a negative feedback loop.

ANS: F                    DIF: Memorization                    REF: Page: 13 |  
Page: 14  
TOP: The balance of body functions

51. The control of the volume of body fluid is an example of a negative feedback loop.

ANS: T                    DIF: Memorization                    REF: Page: 13 |  
Page: 14  
TOP: The balance of body functions

52. The regulation of blood pH is an example of a positive feedback loop.

ANS: F                    DIF: Memorization                    REF: Page: 14  
TOP: The balance of body functions

53. The contraction of the uterus during childbirth is an example of a positive feedback loop.

ANS: T                    DIF: Memorization                    REF: Page: 14  
TOP: The balance of body functions

54. The arms and legs are part of the axial body portion.

ANS: F                    DIF: Memorization                    REF: Page: 11  
TOP: Body regions

55. The head and trunk are part of the axial body portion.

ANS: T                    DIF: Memorization                    REF: Page: 11  
TOP: Body regions



56. The arms and legs are part of the appendicular body portion.  
ANS: T                    DIF: Memorization                    REF: Page: 11  
TOP: Body regions
57. Feedback loops continue to improve throughout life, reaching their peak in late adulthood.  
ANS: F                    DIF: Memorization                    REF: Page: 14  
TOP: The balance of body functions
58. The word *organism* can be used to describe a living thing.  
ANS: T                    DIF: Memorization                    REF: Page: 3  
TOP: Structural levels of organization
59. A body in a supine position has its dorsal side to the ground.  
ANS: T                    DIF: Application    REF: Page: 5  
TOP: Anatomical position|Anatomical directions
60. A body in a prone position has its dorsal side to the ground.  
ANS: F                    DIF: Application    REF: Page: 5  
TOP: Anatomical position|Anatomical directions
61. On the compass rosettes in a figure, the letter P opposite the letter D would stand for the word *proximal*.  
ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Anatomical directions
62. The thoracic cavity is divided into two parts, the mediastinum and the dorsal cavity.  
ANS: F                    DIF: Memorization                    REF: Page: 7  
TOP: Body cavities
63. The midsagittal and transverse sections, which divide the abdomen into quadrants, intersect at the base of the mediastinum.  
ANS: F                    DIF: Memorization                    REF: Page: 8  
TOP: Body cavities
64. The diaphragm divides the axial from the appendicular region of the body.  
ANS: F                    DIF: Memorization                    REF: Page: 8  
TOP: Body regions

65. The word *leg* refers only to the part of the body between the knee and the ankle.

ANS: T                    DIF: Memorization                    REF: Page: 12  
TOP: Body regions

66. Women can have one more body function regulated by a positive feedback loop than men can.

ANS: T                    DIF: Application    REF: Page: 14  
TOP: The balance of body functions

67. Exercise helps to maintain homeostasis.

ANS: F                    DIF: Memorization                    REF: Page: 14  
TOP: Health and Well-Being: Exercise Physiology

68. The cell is the simplest level of organization in a living thing.

ANS: F                    DIF: Memorization                    REF: Page: 3  
TOP: Structural levels of organization

69. When reading a compass rosette in a figure, the letter L can mean either left or lateral.

ANS: T                    DIF: Memorization                    REF: Page: 7  
TOP: Anatomical directions

70. When reading a compass rosette in a figure, the letter P opposite the letter D stands for posterior.

ANS: F                    DIF: Memorization                    REF: Page: 7  
TOP: Anatomical directions

71. The dorsal cavity is a made up of a single cavity containing the brain and spinal cord.

ANS: F                    DIF: Memorization                    REF: Page: 8 | Page:  
9  
TOP: Body cavities

72. The abdominopelvic region is divided into four quadrants, the left and right lumbar regions on the upper part and the left and right iliac regions on the lower part.

ANS: F                    DIF: Memorization                    REF: Page: 8  
TOP: Body regions

73. The cells in the body live in a water environment that contains dissolved salts and other substances.

ANS: T                    DIF: Memorization                    REF: Page: 12  
TOP: Balance of body functions

74. The terms ophthalmic and orbital both refer to the eye area.

ANS: T                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Descriptive terms for body regions

75. In the scientific method, a hypothesis is based on observation.

ANS: T                    DIF: Memorization                    REF: Page: 1  
TOP: Scientific method

76. The single method used for all scientific investigation is called the scientific method.

ANS: F                    DIF: Memorization                    REF: Page: 1  
TOP: Scientific method

77. An accepted hypothesis must be retested numerous times to become a theory.

ANS: T                    DIF: Memorization                    REF: Page: 2  
TOP: Scientific method

78. If the effects of a drug are being tested by a scientific experiment, two groups would be used: a group that gets the drug and a group that gets an inactive substance. The group that gets the inactive substance is called the control group.

ANS: T                    DIF: Application                    REF: Page: 1 | Page: 2  
TOP: Scientific method

79. The term *atrophy* describes a body structure that is at the peak of its efficiency.

ANS: F                    DIF: Memorization                    REF: Page: 12  
TOP: Body regions

80. The term *dystrophy* describes a degenerative process on a body structure due to lack of use.

ANS: F                    DIF: Memorization                    REF: Page: 12  
TOP: Body regions

## **MATCHING**

Match each of the following terms with its correct definition.

- a. Anterior
- b. Lateral
- c. Superior
- d. Medial
- e. Proximal
- f. Superficial
- g. Posterior

1. Toward the head, upper or above
2. Toward the midline of the body
3. In humans, this term means the same as ventral
4. Nearest to the point of origin
5. Toward the back of the body
6. Nearest the surface of the body
7. Toward the side of the body

- |  |                   |                      |
|--|-------------------|----------------------|
| 1. ANS: C<br>TOP: Anatomical directions      | DIF: Memorization | REF: Page: 5         |
| 2. ANS: D<br>TOP: Anatomical directions      | DIF: Memorization | REF: Page: 5         |
| 3. ANS: A<br>TOP: Anatomical directions      | DIF: Memorization | REF: Page: 5         |
| 4. ANS: E<br>6<br>TOP: Anatomical directions | DIF: Memorization | REF: Page: 5   Page: |
| 5. ANS: G<br>TOP: Anatomical directions      | DIF: Memorization | REF: Page: 5         |
| 6. ANS: F<br>TOP: Anatomical directions      | DIF: Memorization | REF: Page: 6         |
| 7. ANS: B<br>TOP: Anatomical directions      | DIF: Memorization | REF: Page: 5         |

Match the body region with the correct body part.

- a. Skull
- b. Groin
- c. Chest
- d. Mouth
- e. Brachial
- f. Wrist
- g. Cephalic
- h. Antebrachial
- i. Antecubital
- j. Cervical
- k. Axillary
- l. Femoral
- m. Lumbar
- n. Popliteal
- o. Tarsal
- p. Plantar

- 8. Arm
- 9. Head
- 10. Cranial
- 11. Oral
- 12. Inguinal
- 13. Thoracic
- 14. Carpal
- 15. Sole of the foot
- 16. Neck
- 17. Thigh
- 18. Armpit
- 19. Depressed area in the front of the elbow
- 20. Lower back between ribs and pelvis
- 21. Ankle

22. Forearm

23. Area behind the knee

8. ANS: E                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
9. ANS: G                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
10. ANS: A                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
11. ANS: D                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
12. ANS: B                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
13. ANS: C                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
14. ANS: F                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
15. ANS: P                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
16. ANS: J                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
17. ANS: L                    DIF: Memorization                    REF: Page: 11 Table  
1-2  
TOP: Body regions
18. ANS: K                    DIF: Memorization                    REF: Page: 11 Table

1-2

TOP: Body regions

19. ANS: I                      DIF: Memorization                      REF: Page: 11 Table  
1-2  
TOP: Body regions
20. ANS: M                      DIF: Memorization                      REF: Page: 11 Table  
1-2  
TOP: Body regions
21. ANS: O                      DIF: Memorization                      REF: Page: 11 Table  
1-2  
TOP: Body regions
22. ANS: H                      DIF: Memorization                      REF: Page: 11 Table  
1-2  
TOP: Body regions
23. ANS: N                      DIF: Memorization                      REF: Page: 11 Table  
1-2  
TOP: Body regions

Match the term with the correct definition or explanation.

- a. Hypothesis
  - b. Scientific method
  - c. Theory
  - d. Experimentation
  - e. Control group
  - f. Test group
24. A hypothesis that has been supported by repeated testing and has gained a high level of confidence
25. A systematic approach to discovery
26. A group that does not get what is being tested
27. A reasonable guess based on previous informal observations
28. A process used to test a hypothesis
29. A group that receives what is being tested
24. ANS: C                      DIF: Memorization                      REF: Page: 2

TOP: Scientific method

25. ANS: B                    DIF: Memorization                    REF: Page: 1  
TOP: Scientific method
26. ANS: E                    DIF: Memorization                    REF: Page: 1  
TOP: Scientific method
27. ANS: A                    DIF: Memorization                    REF: Page: 1  
TOP: Scientific method
28. ANS: D                    DIF: Memorization                    REF: Page: 1  
TOP: Scientific method
29. ANS: F                    DIF: Memorization                    REF: Page: 1 | Page:  
2  
TOP: Scientific method

### ESSAY

1. Explain the concept of homeostasis. Why is this so important to the survival of the body?
- ANS:  
(Answers may vary)
- DIF: Application    REF: Page: 12        TOP: The balance of body functions
2. Explain a positive feedback loop. Give an example of a positive feedback loop in the body.
- ANS:  
(Answers may vary)
- DIF: Application    REF: Page: 12 | Page: 14  
TOP: The balance of body functions
3. Explain a negative feedback loop. How does a negative feedback loop assist in maintaining homeostasis?
- ANS:  
(Answers may vary)
- DIF: Synthesis        REF: Page: 12 | Page: 13  
TOP: The balance of body functions
4. List and briefly explain the levels of organization in the body.



ANS:  
(Answers may vary)

DIF: Memorization REF: Page: 3  
TOP: Structural levels of organization

5. List and briefly explain the process of the scientific method.

ANS:  
(Answers may vary)

DIF: Memorization REF: Page: 1 | Page: 2  
TOP: Scientific method

6. Develop and explain an experiment that tests the hypothesis that people with high levels of vitamin C in their diets have fewer colds than people with low levels of vitamin C in their diets.

ANS:  
(Answers may vary)

DIF: Memorization REF: Page: 1 | Page: 2  
TOP: Scientific method

7. Explain the difference between a hypothesis and a theory.

ANS:  
(Answers may vary)

DIF: Application REF: Page: 1 | Page: 2 TOP: Scientific method

8. Explain how the control group is used to determine the success of the test group and the experiment.

ANS:  
(Answers may vary)

DIF: Application REF: Page: 1 | Page: 2 TOP: Scientific method

9. What is the relationship between a meter and a yard, an inch and a centimeter, and a pound and a gram?

ANS:  
(Answers may vary)

DIF: Application REF: Page: 2 TOP: Metric System

10. Describe anatomical position. Explain the terms *supine* and *prone*.

ANS:

(Answers may vary)

DIF: Memorization

REF:

Page: 5

TOP:

Anatomical position

11. Name and explain the 10 anatomical directions.

ANS:

(Answers may vary)

DIF: Memorization

REF:

Page: 5 | Page: 6

TOP: Anatomical directions

12. Name and describe the three planes or body sections.

ANS:

(Answers may vary)

DIF: Memorization

REF:

Page: 7

TOP: Planes

or body sections

13. Describe the parts of the ventral body cavity.

ANS:

(Answers may vary)

DIF: Memorization

REF:

Page: 7 | Page: 8

TOP: Body cavities

14. Describe the parts of the dorsal cavity and explain what each part contains.

ANS:

(Answers may vary)

DIF: Memorization

REF:

Page: 8 | Page: 9

TOP: Body cavities

15. What makes up the axial portion of the body? What makes up the appendicular portion of the body?

ANS:

(Answers may vary)

DIF: Memorization  
TOP: Body regions

REF: Page: 11 Table 1-2